



## Conditions of participation: Baltic Nonstop 2015

(effective 12.07.2014)

### 1. The Organization

The Baltic Nonstop is advertised as a competition. The Organization reserves the right to demand evidence of the participants' abilities and qualifications. On admission to the competition decides the organization.

### 2. Organizational

#### 2.1. Arrival and Departure

The arrival of the participants must happen until 22.05.2014, 5.00 pm. The Departure happens from the finish of the respective distance. The costs for arrival and departure have to be paid by the participant. The organizer will try to book a bus for the way back from Usedom to Berlin. Therefore the seat must be signed in via the online registration portal (by checkmark). This service is not included in the competition fees.

#### 2.2. Services of the organizer

#### 2.3. Supply

The competition fees include catering and accommodation for participants and their carer. This will be ensured by the organization. Participants and their carer can decide on their own whether or not using this community service but either way there is no repayment or surcharge to the fees.

The organization is responsible for the catering for participants and carer up from 6.00 pm at the day before the race starts. Other catering etc before that time is in the participant's responsibility.

The supply by the organization ends with a brunch on Monday, May 25, 2015 for all 230km participants.

#### 2.4. Catering during the race

There will be catering for the runner at about every 10km. The organization ensures adequate supply for the participants. Refilling of water bottles happens only by the helpers. Additional supply, such as: special foods or drinks, have to be organized by the participant himself. Each participant can choose to visit local stores along the route, if one wants. If an athlete leaves the route he has to continue the race at the same point he left it. The carer and helpers endeavor to fulfill the athlete's wishes. Individual needs will be fulfilled if they are appropriate and do not harm the whole races organization. Self-supply can be left at the catering points and other places. The organizer takes the self-supply needed during the race between 6.00 pm and 7.00 pm on Friday before the race. In case there is no helper at a catering point, every participant can use the offerings on his own.

#### 2.5. Accommodation

The participant's accommodation takes place in sports halls. The participant can choose whether to use this service or spend the night in hotels, caravans, or any other ways. This does not affect the competition fee. The participant must arrive on time to the start. Each participant, carer and companion should bring a sleeping bag, an iso-mat/air mattress or similar to spend the night on. It is strictly prohibited to put up camp beds inside the sports halls. The organization will not carry camp beds in the luggage car.



## **2.6. Luggage transport**

The organizer carries the luggage of participants and carers from the starting point up to the destination. All luggage has to be left at the marked transport vehicles at least 30 minutes before the race begins in Bernau. In case of missing the time of leaving the luggage the organizer is not liable of carrying it. In that case it will exclusively be the participant's responsibility to carry his luggage to the destination in another way.

## **2.7. Registration and guiding in**

The participant's registration and his issuing of race documents happens at the day before the race begins. The guiding into the competition procedures takes place on Friday, May 22 2015. Time of the race's start is on Saturday, May 23 2015 at 7.00 am in Bernau. The competition ends by finishing in Prenzlau respectively Usedom. Furthermore the organization's service includes a presentation ceremony at both destinations as well as an overnight stay for the 230km athletes from May 24 to May 25 in Usedom.

## **2.8. Environment**

The organization is strictly caring for the observance of common environmental guidelines. The race marshals take care of removing garbage from the route. It is prohibited to carry plastic cups from the catering point among the route. Violations cause a one-time warning, followed by disqualification. Each participant is called to throw garbage into the prepared container. Other objects the participant wants to get rid of can be left at the catering points and will be carried to destination.

## **2.9. Communication with the organization during the race**

On top of each start number appears a sticker including the race director's mobile phone number. This is important for participants having lost the route and who need a connection to the organization. We recommend to carry 5€ with you in case of emergency. We explicitly recommend carrying a cellphone.

# **3. Registration**

## **3.1. General regulations**

## **3.2. Participant limit**

230km: 100

100km: 75

By reaching the limits there will be opened a waiting list. The order will be by receipt.

## **3.3. Conditions of participation**

The participant and their carers are committed to read carefully and to be aware of the conditions of participation. The organization will always rely on these conditions. Any change can only be done by the organizer and has to be acknowledged.

## **3.4. Admission**

Admitted to take part at the Baltic Nonstop are all adult persons irrespective of sex and nationality who are at least 18 years old and comply with the requirements of these terms and conditions.

It requires a medical certificate to participate the Baltic Nonstop 2015.

The medical certificate must be no older than 6 month at the time the race begins and has to be shown to the organization while getting the race documents. Part of this certificate has to

be a doctor's declaration including adequate fitness and the athlete's ability to finish the race without damage. We offer an example for accepted forms on our homepage. Different certificates including the same content will be accepted. Without a valid medical certificate the athlete is not allowed to start the race. The paid competition fee will not be repaid. Participation is at your own risk. The organizer assumes no liability for damages of any kind. We recommend having insurance for the case of accidents. The organization reserves the right to take conspicuous athletes out of the race without any need for telling reasons.

### 3.5. Entry fees

The participant has to transfer the entry fee as soon as his registry for the race is done. He can also accept the direct debit.

#### Entry fee runner

Contest	"autumn fee"	"winter fee"	"spring fee"
	Until dec 12, 2014	until feb 28, 2015	up from mar 1 <sup>st</sup> , 2015
100km	90€	95€	100€
234km	240€	250€	260€

Online registration occurs individually und will be confirmed via e-mail.

Further fellow travelers who are not participating the competition also have to register online and have to pay the recommended fee (via transfer or direct debit).

#### Competition fee fellow traveler (private return)

Contest	without overnight stay/with overnight stay and brunch
100km	40€
234km	75€

By choosing "transfer" as payment you have to pay the fee during 14 days up from registration. In case there is no receipt during these 2 weeks the participant/fellow traveler will be deleted from the participation-list.

Fees for fellow traveling helpers: None

Helpers do only have to care for organizational things referring the race, e.g. catering points etc.

### 3.6. Deadline

The registration for the Baltic Nonstop 2015 ends on May 15, 2015.

### 3.7. Cancellation costs

Depending on contest and date of withdrawal there will be handling charges. These will be charged with the registration fee. The difference will be paid back after the announcement of the participant's account data.

#### Handling charges

Date of withdrawal	substitute participant	100km	234km
Withdrawal until ap 14 2015	none	50€	100€
	Substitute participant	25€	50€
Withdrawal up from ap 14	none	entry fee	entry fee
	Substitute participant	25€	50€



## **4. Track**

### **4.1.Route**

Nearly all of the route follows the “Berlin-Usedom-Radweg”. The existing signs can be used for orientation. Obscure parts or deviations will be marked by arrow-stickers. The instructions of route-marshals, helpers and policemen have to be obeyed. Each participant gets a map of the route at the briefing the day before the race. Participating that briefing is a duty. The organization reserves the right to change parts of the route if necessary.

### **4.2.Road surface**

Most parts of the route are paved road. Smaller parts can be sandy by nature. The track is almost flat.

### **4.3.Road traffic act**

Each participant has to obey the road traffic act.

## **5. Procedure**

### **5.1.Classification**

Men and women will be graded separately. There will be no classification by age. On your race certificate and in the official protocol will be a classification by both age and sex according to the DLO.

### **5.2.Start numbers**

Each participant gets a personal start number which has to be worn visibly at all times on the chest. This is used for runner's identification. In case the start number is covered by a jacket or similar due to bad weather etc. one has to either show or call the number upon demand. This is necessary at catering points, finish and other controls.

### **5.3.Start**

The race starts at 7.00 am. The organizer reserves the right to change the time.

### **5.4.Timekeeping and result**

Timekeeping happens at the race's finish for each participant. The time is measured in hours, minutes and seconds. The results will be published online and will be shown.

### **5.5.Target times**

Target times are set as follows:

Contest	target time
100km	17 hours
234km	41 hours

If a participant exceeds the target time at two catering points in a row the organizer is authorized to take him out of the race.

### **5.6.Checkpoints**

Each catering point is at the same time a checkpoint. All athletes are obliged to register at the checkpoints by writing name and start number into the lists available. The organization reserves the right to set further checkpoints.

### **5.7.Disqualification**

Disqualification occurs when gross violation happens, such as:

- Insulting or attacking other participants, helpers, carer or any other persons.
- Statements or actions harming the Image of the event.



- Deviating the route on purpose in order to get advantage. In case of deviating the route each participant has to return to the point where he left it and continue the race from that point. The deviation has to be reported at the next possible catering point.
- Unauthorized help by third parties. Continuous monitoring is permitted.
- Neglecting instructions coming from helpers or policemen leads to disqualification. It is not possible to resume the race in case of disqualification.

#### **5.8. Objection**

Objection has to be done at least 30 minutes after the contest (by target time) in writing. Objection can also be done by helper or carer. It has to be in writing and justified. The competition management will make a decision in time and answer in writing.

#### **5.9. Premature termination of the competition**

In case an athlete has to stop the race prematurely he has to report this at the next catering point. After definitely ending the race (on purpose or via disqualification) the athlete has to give away his start number and does not have any possibility to continue the race. The participant can choose whether to drive home on his own (he will be taken to the next station) or to join the organization for helping issues, if there is free capacity. The entry fees will not be paid back and the way home will not be paid by the organization.

#### **5.10. Changes to the competition rules**

The race directory reserves the right to change the competition rules in case of circumstances that are not caused by the organization.

### **6. Equipment and luggage**

Each participant is obliged to bring the following equipment:

- Passport/identity card
- Reflective vest/jacket
- Headlamp/flashlight
- Cutlery
- Plate
- Bottle with strap or similar (camel-bak)
- Sleeping bag

Attention: the reflective vest has to be worn up from nightfall and has to be carried by the participant so he is able to wear it at all time.

Each participant can bring luggage up to 15kg.

### **7. Hygiene**

Adequate shower and washing facilities are available.

#### **7.1. Medical care**

The organization endeavors to ensure properly medical care. In separate regions this will not be possible. If necessary there will be the possibility to consult a doctor in the finish. The organization has medical equipment for first aid. Other cool packs, ointment or bandages have to be brought by the participant. If there are any costs for medical care they have to be



paid by the participant himself. Due to that the organization recommends to carry the insurance card with you.

## **8. Insurance**

Participating the Baltic-Run Nonstop happens at your own risk. The organization recommends having adequate insurance. Insurance cards should be brought. Each participant registers with the knowledge of risks referring to the race. He relieves the organization from any responsibility in case of weaknesses, accidents, bad health or anything similar also including death. Each participant has to inquire about his insurance. Foreign participants have to do this on their own as well.

## **9. Disclaimer and waiver**

### **9.1. Liability statement**

Each participant acknowledges the indemnification and the waiver of the organizer. The organizer is exempted from any kind of liability. The participant transfers the rights to images and names to the organization for the commercialization of the Baltic Nonstop. The organization has the right to use images and names for free and for all time.

### **9.2. Liability for private vehicles**

Taking private vehicles, such as cars, caravans or similar with you happens at your own risk. The organization assumes liability only under the civil liability. The same applies to private vehicles that are used for supervising the participants.

## **10. Awards**

- Awarding for the first three finishing men for 100km and 234km with cups and certificates
- Awarding for the first three finishing women for 100km and 234km with cups and certificates
- Awarding for each participant having an official result with certificates and medals

## **11. Place for logos of sponsors**

The organization reserves the right to prohibit the following advertisement and inscription on clothes:

- Prohibited companies
- Prints that put the reputation of the event in question
- Prints that offend decency or the sense of honor

The participant has to accept the decisions of the organization unconditionally. The sponsor's logos have to be visible on the start number at all time.

## **12. PR**

To facilitate the organizations PR it is important to have meaningful documents of the participant and his "running curriculum vitae". We ask each participant to send us a picture and a few points from your running history.